

# Preview Life Goals Planner 2024



I help Women  
Executives and Business Owners  
to Overcome Stress,  
Achieve Work-Family Balance and  
Take Back Control of their Lives!

**TASSOS KOTZIAS**

CERTIFIED HOLISTIC COACH



# Contents:

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**1. 2023 REVIEW & REFLECTIONS**

**2. LIMITING BELIEFS**

**3. MY IDEAL LIFE**

**4. LIFE SECTORS**

**5. MY CORE PERSONAL VALUES**

**6. MY TOP 3 SMART GOALS**

**7. ACTION PLAN**



I empower YOU in  
achieving your goals,  
through my passion,  
Holistic Coaching with  
HEART<sup>©</sup> !

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Tassos Kotzias

w: <https://tassoskotzias.com/>

e: [tassos@tassoskotzias.com](mailto:tassos@tassoskotzias.com)

<https://www.linkedin.com/company/holisticcoachtassos/>

<https://www.facebook.com/anastasios.kotzias.5/>

[www.instagram.com/my.holistic.coach](http://www.instagram.com/my.holistic.coach)

<https://www.youtube.com/@TassosKotzias>

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